Important Dates

- **21—25 November** - Last week for Library borrowing
- **28 November onwards** - No more Library borrowing
- **28 - 30 November** - Book Fair
- **30 November** - Junior Choir Clovelly Cottage Performance
- **2 December** - Sport For Life Elective Golf Excursion
- **2 December** - ELC - Yr 7 Disco
- **5 December** - Last Day of Student Banking
- **6 December** - Whole School ‘Step Up’ (Transition) Day
- **8 December** - Christmas Concert
- **7 - 9 December** - Yr 9 Connect Camp
- **9 December** - All Library Books Due
- **13 December** - Colour Run
- **14 December** - Yr 9 Connect & Year 4 Melbourne Zoo Amazing Race Excursion
- **20 December** - Last Day Term 4

Inside this issue:

**ACTING PRINCIPAL’S REPORT**

- A Busy End of Year
- How Your Kids Can Get A Good Night’s Sleep
- Compass - New Communication Tool in 2017

**OTHER ARTICLES OF INTEREST**

- Year 12 Valedictory Dinner
- Junior Choir’s Kmart Performance
- Year 8/9 ‘Off Track’ Elective Camp
- Year 1/2 Fish and Chip Friday

**YEAR 12 VALEDICTORY DINNER**

On Wednesday 16 November, our Year 12 students celebrated their graduation of Year 12, and the completion of their high school education. The class of 2016 looked absolutely fantastic and a great evening was had by all in attendance.
Principal’s Report

The end of the school year is fast approaching, which always involves many celebrations and hard work putting in place exciting plans for the following year.

The past month has been a time of anxiety, excitement and relief for our wonderful Year 12 students. We are extremely proud of them as they come to the end of their Senior School journey. The exam period was met with the all the emotions you would expect. Our senior staff did an outstanding job supporting them through this stressful time. We wish all of our exiting students all the best for their future, no matter what path they choose to follow.

The students, staff and parents of our Year 12s were able to release all the nervous energy at the annual Valedictory Dinner. Carlie Case, our Senior Coordinator, along with a dedicated team of staff were able to pull off a night filled with valuable words of wisdom, exquisite food and of course a much needed boogie on the dance floor. It was a fantastic way for our students and families to mark this momentous occasion.

We also celebrated the achievement of or VCE Art students at the Art Expo, held in our Design and Technology Building. The opening night showcased not only the outstanding final products that the students created but also gave an insight into the intense process they engaged in to reach their final pieces. We would like to thank Olivia Karpathiou and everyone involved in making the event happen. We would also like to especially congratulate the following students on receiving the Principals Awards:

Declan Mort for his Studio Arts piece, “Faceless”
Claudia Blundell for her Visual Communication piece, “Clique Shoes”

Staff have been busy providing students with a variety of extra-curricular activities to provide a stimulating and engaging program in Term Four. We have had our brave Junior Choir perform at Kmart, our Soccer Academy elective students attend a Futsal excursion and our Outdoor Education students embark on an ‘Off Track Camp’ experience, all with great success! We are proud of the way all these students represented our college and acknowledge the work staff have put in organising the events.

Across the college, we have been busy with Information Evenings and transition events to help ensure that new students coming into our school are welcomed and their families supported during this process.

We have also spent a considerable amount of time interviewing and employing a number of new staff for next year and are we very excited at the calibre of teachers we have been able to secure. We hoping to have many of these teachers join us to be a part of our ‘Step Up’ day, on Tuesday 6 December.

This week, we wish our respected and long serving VCAL Coordinator, John Gove a fond farewell. John has been an important member of our school community and has been leading our VCAL program for the past seven years. We wish him all the best for his retirement and thank him for the tremendous work he has contributed to the school.

There are still many exciting events planned before the end of the year. We urge all parents to keep an eye out for information coming home and also on TiqBiz.

Thank you to everyone for their support during this busy and exciting time of year.

How your kids can get a good night’s sleep

Many kids today are sleep deprived. Teenagers, in particular, don’t get enough sleep. They need between nine and 10 hours sleep each night, yet most get about seven or eight hours sleep. Some get less.

Not getting enough sleep leads to sleep deprivation, which is akin to jet lag, where kids don’t function at their optimum. Lack of sleep leads to irritability, decreased creativity and memory lapses. It also has strong links to anxiety and depression.

How sleep helps kids

Sleep maximises the brain growth which occurs with toddlers and teens. Sleep also consolidates learning: sleep research has shown that the brain practices what it has learned during the day when a child or young person is asleep. So sufficient sleep consolidates past learning as well as keeps kids fresh to maximise their future learning.

Develop good sleep habits when kids are young

Sleep experts stress that while adults may not have control over biology we can assist children and teens to establish good sleep patterns. Children usually carry good sleep habits into adolescence. If you struggle to get young children to sleep or constantly battle kids who want to stay up longer, some knowledge of good sleep habits may be useful.

Good sleep habits include:

1. Regular bedtimes Kids may fight this, but make sure kids keep regular bedtimes during the week and allow them to stay up a little later on weekends. Children need between 10 and 12 hours of sleep each day, while teens need a minimum of nine hours.

2. A 45-minute wind-down time before bed This includes: removing TV and other stimuli, calming the child down and limiting food intake (and caffeine for teens). The wind-down time informs the body clock that sleeping time is near.

3. A bedtime routine Have a bedtime routine, such as story reading and teeth cleaning, that signals psychologically that it is time for sleep. A set routine means that kids can predict. It also means that some children will fight bedtime so you need some good strategies in place to get kids to bed and make sure they stay there.
4. Keeping bedrooms for sleep Bedrooms that resemble caves are recommended. It gets tricky with mobile phones and other information technology, but it’s smart to keep devices and laptops out of bedrooms at sleep-time. This goes for parents too. I’ve noticed most parents sleep in technology-free bedrooms (apart from a clock-radio) yet their kids will have technology-full rooms. Also don’t let kids do schoolwork on their beds. If so, they’ll begin to associate bed with work, rather than sleep.

5. Maximise the three sleep cues These include: darkness (maintaining a cave-like bedroom); lowering body temperature (baths can be good for this); and melatonin (work within their cycle).

If your kids get less sleep than they should, check out the five habits above and work out which of these you can adjust to move things in favour of them getting more sleep.

**Compass—New Communication Tool in 2017**

From the start of 2017, we will be introducing Compass as our parent communication tool. We will provide detailed information and a roll out schedule as soon as this is available. In the meantime, here is a brief overview of the service. Please feel free to contact Matt Scammell or Brooke Cross through the General Office for further information.

*What does Compass do for me?*

Using Compass allows you to access up-to-date and meaningful information about our school and your child’s progress. Compass includes many different features, including the ability to:

- Monitor your child’s attendance, and enter an explanation for absence or lateness
- Communicate with your child’s teachers, and update your family contact details
- View your child’s timetable and the school calendar
- Monitor your child’s homework and assessment tasks
- Download and view your child’s progress and semester reports
- Book parent-teacher conferences
- Pay and provide consent for events and school fees

Our school will advise parents when each of these features becomes available for parent use.

*Brooke Cross*

*Acting Principal*
NOVEMBER BOOK FAIR

Dear Parents and Families,

Reading for pleasure inside and outside of school has real and long-lasting benefits. It unlocks the power of information and imagination and helps children discover who they are.

The dates that the Book Fair will be open for sales are listed below:

<table>
<thead>
<tr>
<th>Scholastic Book Fair 28th November to 30th November, 2016</th>
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<tbody>
<tr>
<td>Monday 28th NOV</td>
</tr>
<tr>
<td>Closed</td>
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<tr>
<td>3.15pm - 4.00pm</td>
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<tr>
<td>Tuesday 29th NOV</td>
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<tr>
<td>8.30am - 9am</td>
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<tr>
<td>3.15pm - 4.00pm</td>
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<tr>
<td>Wednesday 30th NOV</td>
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<tr>
<td>8.30am - 9am</td>
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<tr>
<td>Finished</td>
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</tbody>
</table>

PLACE: Upstairs in the Library enter via internal doors

Our Fair will be a wonderful reading celebration giving your family the perfect opportunity to select books together.

We hope you can join us at our second Scholastic Book Fair for 2016 to help us celebrate reading with our students and the school community.

We look forward to seeing you and your family at our Book Fair!

Remember, all purchases benefit our school community.

Sincerely,

Brooke Cross
Acting Principal

Jenny Young
Librarian
Dear Parent/Guardian,

RE: adidas School Colour Run

We will be holding the adidas School Fun-Run as a major fundraising event this year. Our COLOUR RUN will be held on Tuesday 13 December. This event is being held to fundraise much needed money towards installation of cooling or fans in the gym for those hot summer months and the purchase of a college set of football jumpers and netball dresses for interschool competitions.

About the Program
The School Fun-Run promotes healthy and active lifestyles while helping us raise funds! It’s all about participation, with students treated to a great day and rewarded for their fundraising efforts with fantastic incentive prizes. Family support is key to our fundraising success and we encourage all students to get involved.

How Does My Child Fundraise?
All students have received a Sponsorship Form where the money collected is to be noted. In the Sponsorship Form you will find many other benefits such as the chance to win a Samsung Galaxy Tablet every week (42 to give away!)

Students can use the back of this form to collect cash donations, noting down their supporters for ease.

Students who raise just $10 or more will receive a reward for effort. We have educated students on the dangers of door knocking without adult supervision, please reiterate this at home. The best people to ask for sponsorship are people you know (e.g. friends, family, work colleagues and neighbours).

Online Fundraising
The easiest way to help your child raise money is through online fundraising. Students raise an average of $103.38 using online fundraising, which really benefits all involved; plus you don’t have to worry about handling money! To set up an online student profile please visit: schoolfunrun.com.au/students.

Training & Nutrition
Exercise and nutrition are an important part of preparing for any physical event, be it big or small! Visit the Bupa Training Hub for access to training tips to help your child prepare for their fun run, along with healthy and nutritious recipes for your family to try before and after the event! Access the Bupa Training Hub at bupatraininghub.schoolfunrun.com.au or by clicking on the Bupa Training Hub icon in your child’s online profile.

Getting Involved on Event Day
Not only can you support the school and participants with your sponsorship – but you can join in on the fun! We would like to welcome parents and family members to attend the School Fun-Run event day on Tuesday 13 December to help cheer on the students. If you would also like to volunteer and help out on the day please contact me on the details below. I would love to see you at our event.

Ordering Prizes
To reward your child for getting involved, they’ll receive a prize based on the total amount they’ve fundraised. Please help them with Step 4 – How to Claim Prizes, this can be found and filled out on the back page of the Sponsorship Form. This will need to be returned along with all money raised to the front office on or before Wednesday 30 November, so that student prizes can be ordered and processed.
Looking to buy, swap or even sell your child’s second hand uniform or books? Simply search for the Boronia K-12 College Facebook page developed to assist in making these transactions happen. Monitored by College Council simply search on Facebook for the page below:

Boronia K-12 College - Uniform & Books - Buy, Swap, Donate and Sell
Students in Year 1/2 recently enjoyed a delicious Fish and Chip lunch as we learnt all about possible food we can eat from the ocean. Our Inquiry unit, 'Under the Sea,' saw students learning about food chains, predators and resources we use on Earth. Students were able to sample seafood such as, calamari, fish and crab sticks. We saw lots of smiling faces and full tummies, with many students trying some new food for the first time.
BORONIA K-12 COLLEGE BREAKFAST CLUB

Five Days a Week!

Monday—Friday
8.15AM - 8.45AM

Meet us in the Performing Arts Foyer.
Year 8/9 ‘Off Track’ Elective Camp

Year 8/9 students taking part in the ‘Off Track’ elective were off on camp this week. Participating in a three day adventure in Buttercup Merrijig, students had a blast! Keep an eye on our next newsletter for more photos!
We are SunSmart - a note for families

Too much UV can cause sunburn, skin and eye damage and skin cancer. Overexposure to UV during childhood and adolescence is a major factor for future skin cancer risk.

You can't see or feel the sun's UV so don't be fooled. Whatever the weather, if the UV levels are three or more, it's important to Slip, Slop, Slap, Seek and Slide!

Our school aims to protect children and staff from too much UV to help minimise future skin cancer risk. We are a registered member of the Cancer Council Victoria's SunSmart Program. Please help support our SunSmart membership by ensuring your child follows the SunSmart measures included in our policy.

During the daily local sun protection times (issued whenever UV levels are three and above), use these 5 SunSmart steps – even if it's cool and cloudy.

1. **Slip on a shirt** - for free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.

2. **Slop on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen** – apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to be reapplied throughout the day. Please ensure they get plenty of sunscreen application practice at home so they'll be all set when they are at school.

3. **Slap on a hat** – one that protects the face, neck and ears such as a broad brimmed, legionnaire or bucket style hat. Peak caps do not offer enough protection and are not recommended by SunSmart. Please help your child remember to bring and wear their approved hat.

4. **Seek shade** – choose shady spots for play whenever possible.

5. **Slide on some sunglasses** - if practical and approved by the school. Make sure they are labelled AS 1067 and cover as much of the eye area as possible.

Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at sunsmart.com.au and as a free SunSmart app. Sun protection times can also be found at the Bureau of Meteorology website and live UV levels are available from ARPANSA.

Further information contact SunSmart
P: 03 9514 6419
E: sunsmart@cancervic.org.au
W: sunsmart.com.au
Late Arrivals

All students are to sign in at the office in the event of arriving at school late. We ask that younger students are signed in by their parent or guardian. If a student signs in late without a note or parent/guardian present, their absence will be noted as being ‘unapproved’.

Students signing in late after 9.30am without prior notification will result in their parent and/or guardian receiving a text message notifying the student’s unexplained absence.

Early Departure

We ask that parents and guardians make appointments wherever possible outside of school hours. If your child must be collected early, please provide a written note which is to be given to your child’s teacher. The teacher will release your child from their class at the specified time to meet you at the General Office. Alternatively, simply arrange to meet your child in admin at the beginning or end of either recess or lunch.

We are not able to make P.A announcements during class time due to the disruption this causes to not only our entire student and staff body, but also our neighbouring community.

All students leaving the college must be signed out at the General Office.

Absences

If your child is absent, please notify the college the morning of, or the day prior to the expected absence. Simply call the College number; 9760 4900 and leave a message on the absence line (select option 1), or submit an absence notification via TiqBiz, the college app.

If you have not notified the College of your child’s absence by 9.30pm, a text message will be sent to the nominated parent/guardian.

Book Fair!

Scholastic Book Fair

Monday 28 November - Wednesday 30 November

<table>
<thead>
<tr>
<th>DATE</th>
<th>MORNING</th>
<th>AFTERNOON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 28 Nov</td>
<td>CLOSED</td>
<td>3.15pm - 4.00pm</td>
</tr>
<tr>
<td>Tuesday 29 Nov</td>
<td>8.30am - 9.00am</td>
<td>3.15pm - 4.00pm</td>
</tr>
<tr>
<td>Wednesday 30 Nov</td>
<td>8.30am - 9.00am</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

PLACE: The Library, situated in the Senior Years/ Admin Building. Enter via internal doors.

Bunnings Art Garden

On Thursday 24 November, wonderful volunteers from Bunnings visited Boronia K-12 College to create a beautiful art garden. We’re looking forward to seeing the finished product as it slowly blossoms into being.

Attendance

[Images of children working on a garden]

PLACE:
The Library, situated in the Senior Years/Admin Building. Enter via internal doors.

DATE: MORNING | AFTERNOON
---|---
Monday 28 Nov | CLOSED | 3.15pm - 4.00pm
Tuesday 29 Nov | 8.30am - 9.00am | 3.15pm - 4.00pm
Wednesday 30 Nov | 8.30am - 9.00am | CLOSED

PLACE: The Library, situated in the Senior Years/Admin Building. Enter via internal doors.
State Schools’ Relief

Camps, Sports and Excursions Fund
2017 Year 7 Uniform Pack

Fact sheet for parents

Introduction to State Schools’ Relief

State Schools’ Relief works closely with all government schools across Victoria. Each year State Schools’ Relief provides assistance to families who are experiencing financial disadvantage with school clothing, shoes and other essential items.

Introduction to the Camps, Sports and Excursions Fund

The Victorian Government has a commitment to being the Education State, aiming to break the link between disadvantage and achievement. Through government funding the Camps, Sports and Excursions Fund (CSEF) was established to provide payments for eligible students to attend camps, sports days and excursions. To find out more about CSEF or to apply for assistance go to www.education.vic.gov.au/csef

State Schools’ Relief has received extra government funding so that it can help more families needing financial assistance and ensure no one is left behind. This extra funding is being used by State Schools’ Relief to assist students who receive CSEF assistance.

2017 Year 7 Uniform Pack for CSEF recipients

In 2017 every Year 7 government school student who is a recipient of CSEF automatically qualifies to receive a uniform pack that is provided through State Schools’ Relief.

If your child receives CSEF assistance and is in Year 6 in 2016 you can ask for a uniform pack to be provided by State Schools’ Relief through the secondary school your child is enrolled to attend in 2017.

Parents who have already purchased their child’s uniform for 2017 and then become a CSEF recipient can still apply for a CSEF Year 7 Uniform Pack in 2017.

What is in the CSEF 2017 Year 7 uniform pack?

The uniform pack includes basic uniform items needed to start secondary school.

For Year 6 students commencing Year 7 in 2017 State Schools’ Relief will provide one item from each row of the table provided.

<table>
<thead>
<tr>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black leather shoes – Lace up / Skate Jumper / Jacket / Bomber / Rugby Top Shorts / Trousers Long Sleeve / Short Sleeve Shirt</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>GIRLS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black leather shoes – Lace up / T-Bar / Skate Jumper / Jacket / Bomber / Rugby Top Summer Dress / Winter Skirt + Shirt / Trousers + Shirt / Shorts + Shirt</td>
</tr>
</tbody>
</table>

If above is NOT a Summer Dress then select either: Long Sleeve Shirt / Short Sleeve Shirt

All students will also receive one free pair shoes supplied directly from SSR.

What does the CSEF Year 7 Uniform Pack cost me as a parent?

Where State Schools’ Relief cannot supply uniform items directly to parents you will receive a voucher that subsidises the cost of uniform items. The voucher(s) can be redeemed at your child’s school uniform shop or an independent uniform retailer which will be listed on the voucher. Parents receiving vouchers may need to make a contribution towards the cost of individual uniform items. The amount a parent has to pay will depend on the retail purchase price and the State Schools’ Relief subsidy.

The vouchers provided by State Schools’ Relief list every approved item for the student and the maximum purchase value that State Schools’ Relief will subsidise for each item. Parents who receive vouchers can work out how much extra they may need to pay towards uniform items using the school’s uniform price list.

State Schools’ Relief

Telephone: 03 8769 8400  Email: contact@ssr.net.au  Website: www.ssr.net.au
State Schools’ Relief
Prep CSEF uniform support

Fact sheet for parents

Program background
As part of the Victorian Government’s Affordable Uniform Program, every Prep government school student who is a recipient of the Camps, Sports and Excursion Fund (CSEF) automatically qualifies for a uniform pack voucher. Each year, State Schools’ Relief (SSR) provides tens of thousands of children with school clothing, shoes and other essential items. For the first time SSR has received government funding so that it can help more families needing financial assistance, and ensure no one is left behind.

Eligibility requirements for CSEF can be found at

What uniform support is provided?
SSR will provide:
• A basic windcheater and tracksuit pants
  OR one of the following
• A bomber jacket, rugby top, hoodie or zip jacket

How can parents apply for the uniform?
Parents must apply for CSEF by the closing date listed at
www.education.vic.gov.au/csef before they approach the school to apply. Primary schools are required to make applications on behalf of parents at www.ssr.net.au/schools.

Once approved, the voucher will be dispatched electronically to the school, uniform shop or uniform supplier. The school will provide the voucher to the parent/student to present at the uniform retailer (and not at SSR).

What if parents have already purchased their child’s uniforms?
Eligible parents who have already purchased their child’s uniforms for the year can select items of a larger size from the retailer.

Can parents who are ineligible for CSEF or, who have children in other year levels receive assistance from SSR?
Yes. Applications for parents requiring financial assistance for uniforms, text books or shoes are encouraged via the regular SSR services – www.ssr.net.au/schools. SSR only responds to requests from schools (not from parents directly). Parents are encouraged to talk to their school principal, assistant principal or student welfare coordinator about their situation and they will assess their eligibility.

Terms and conditions
• Only CSEF recipients are eligible for the uniform packs.
• Each student is eligible for a single uniform pack.
• A voucher is dispatched electronically to the school, uniform shop or uniform supplier on approval. The school will provide the voucher to the parent/student to present at the uniform retailer (and not at SSR).
• The order is valid for 45 days from date of issue.
• Once expired, a new application must be lodged.
• Expired vouchers cannot be redeemed.
• Each voucher specifies the individual items funded by SSR.
• No change to the items can be made unless through the school.
• Changes made in store will not be honoured by SSR.
• The maximum voucher value is $57 and any short fall will not be covered by SSR.
• The value of the voucher is a maximum value rather than an entitled amount. Should the value of the item be less than $57 the difference will not be credit towards other items.

More information
Parents: For CSEF application details please visit
Schools: For SSR applications please visit

State Schools’ Relief
Telephone: 03 8769 8400   Email: contact@ssr.net.au   Website: www.ssr.net.au
Don't forget, Monday is student banking day.
If you wish to make a deposit into your child’s Dollarmite account, please send your child to school with their completed deposit slip in their bank book, alongside the cash you are depositing.
Bank books are collected by your child’s classroom or homegroup teacher to be sent to the General Office by 9.30am.

**Monday 5 December** will be our last banking day!

*The Banking Team*

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In the midst of all the celebrations, we know that there are many families who find it tough at Christmas time. So, as a school community, we would like to be able to help them enjoy Christmas with some things that they may not otherwise be able to have. We will be collecting items (see as follows) in the lead up to the holiday period.

Suggested items are; non-perishable food items, whether ordinary items or items more specifically for Christmas and/or Toys, with a label detailing what is inside, indicating a boy/girl and an approximate age.

There will be a collection box in the General Office foyer for parents or students to drop-off donations. The donated items will be picked up Knox Infolink and distributed to needy families in our community.

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The College Magazine, which covers activities and student contributions from students in the ELC through to Year 12 will be available from the College in the coming weeks.

The magazine has a limited print run so it is important that you get your order in now. Cost is $20.00 for 80 pages in full colour and includes photos, reports on activities, the award recipients and college DUX. It is a great keepsake of your child’s year at Boronia K-12 College!

Please order your copy from the General Office by Friday 2 December.
Boronia K-12 College
Parents’ Club 2016
presents....

DISCO
Friday 2 December
$5 entry fee
(bring on the day)
Free dress day if you are attending this event

Times
Kinda/Prep 10.15-10.45
1/2 11.30-12.30
3/4 12.30-1.30
5/6/7 2.15-3.15

In-House Dj’s

Money raised will go towards outdoor works around the rotunda
The College will not accept legal liability in relation to any advertisements which appear in this newsletter.
Boronia K-12 College
Christmas Concert

Date
Thursday 8 December

Time
7.00 pm - 8.30 pm
Students must be at their classrooms by 6.30 pm

Place
Performing Arts Amphitheatre

Don’t Forget
Parents, family and friends, BYO chair.
Students are NOT required to bring their own chair. Children will be sitting in their classroom groups at the front of the stage.
Parents, family and friends feel free to begin placing chairs by 3.30pm.

And...
Glow sticks, flashing badges, and all things bursting with Christmas cheer very welcome!